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or many years, patients from Amarillo and the surrounding areas traveled to Lubbock or Dallas to undergo minimally invasive treatments for their leg veins, either for aesthetic or symptomatic reasons. It was clear that Amarillo was in need of its own specialized vein center.

Amarillo Laser & Vein Clinic (ALVC) was established in 2003, initially as a minimally invasive vein center. The Endovenous Laser Treatment (EVLT) was used to treat varicose veins as an in office procedure without the need for, the more invasive, vein stripping. Shortly after, ALVC became the referral center for varicose veins and additional procedures were subsequently incorporated to treat a wider range of vein disease.

WHAT WAS YOUR VISION FOR THE NEW ALVC FACILITY?

My vision for the new ALVC facility was about more than treating symptoms; it was about providing patients with an unparalleled experience here in Amarillo. I didn't want patients to feel like they were in a cold, sterile medical facility, so we carefully planned the new clinic ambiance down to the very last detail. When entering the new facility, patients realize that this clinic was built with their comfort and relaxation in mind.



ALVC prides itself on being one of the most comprehensive vein treatment facilities in Amarillo. We are very specialized and accomplished in what we do, so the ambiance of the clinic should compliment the quality of services we provide.

In addition to offering the most up to date treatments, the facility presents a modern take on interior design. Some of the amenities include waterfalls, fireplace, flat panel displays, plush couches and wall sculptures designed by the local artist Dr. Michael Westmoreland.





DO VARICOSE VEINS PRESENT A MEDICAL OR A COSMETIC PROBLEM?

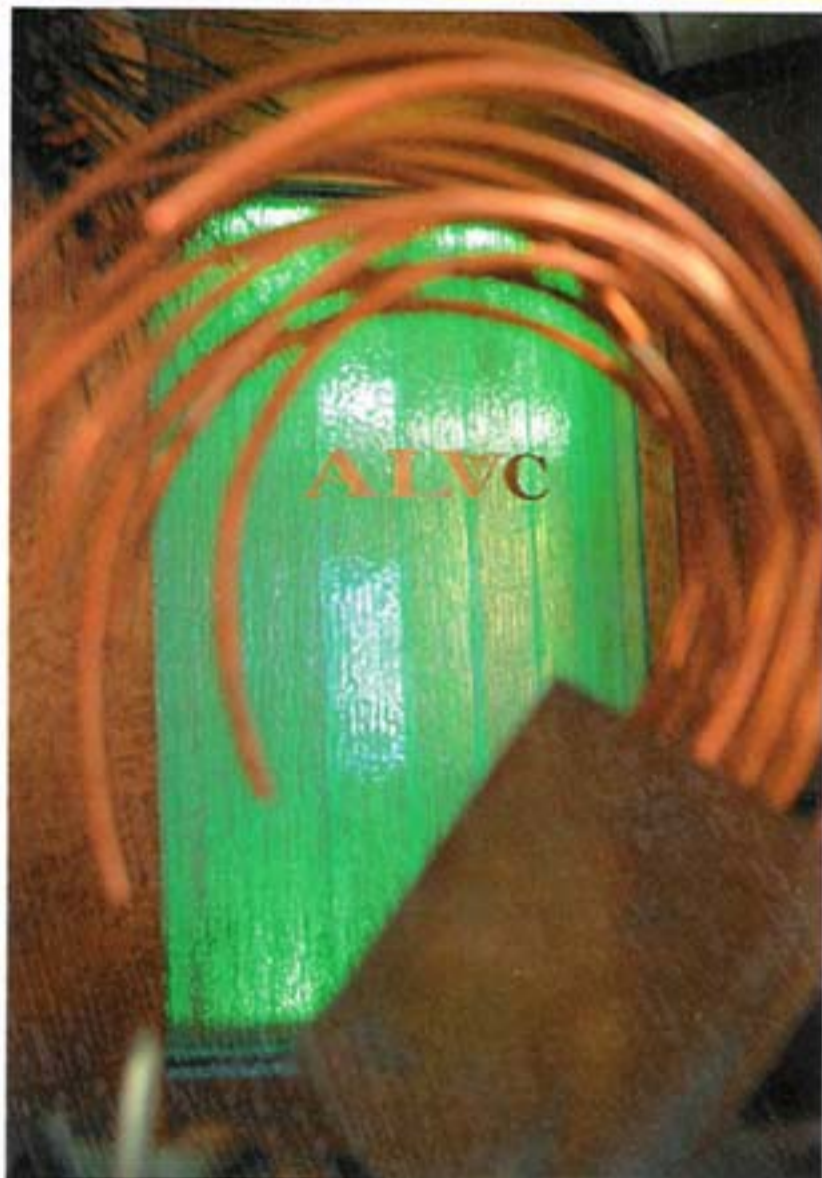
More than 25 million Americans suffer from venous reflux disease. The symptoms can include pain and fatigue in the legs, swollen ankles, burning or itching skin, skin discoloration and leg ulcers. In less severe cases, thin, discolored vessels "spider veins" may be the only symptom.

Severe varicose veins can have a significant impact on the lives of people who work on their feet – nurses, teachers, flight attendants etc. Research has shown that more than two million workdays are lost each year in the US, and annual expenditures for treatment total \$1.4 billion. To determine whether [HYPERLINK "http://www.vnus.com/venous-reflux/index.aspx"](http://www.vnus.com/venous-reflux/index.aspx) venous reflux disease is causing your [HYPERLINK "http://www.vnus.com/vascular-disease/varicose-veins/symptoms-of-varicose-veins.aspx"](http://www.vnus.com/vascular-disease/varicose-veins/symptoms-of-varicose-veins.aspx) varicose vein symptoms, a leg



doppler is necessary which will help us to identify the nature of your problem.

If varicose veins are symptomatic and pose a medical necessity, minimally invasive in-office procedures could be performed without even an incision and these are covered by most medical insurance companies. Other cosmetic vein problems could be treated at our clinic using different modalities including Ultrasound guided sclerotherapy utilizing FDA approved medications (not the commonly used saline solution), Ambulatory Phlebectomy and laser spider vein ablation. We also use a special spider vein finder device to illuminate the small veins in the dermis and facilitate injection with sclerotherapy and subsequently improve the outcome of the laser spider vein ablation.



DIFFERENCE BETWEEN ALVC AND OTHER VEIN CLINICS?

ALVC is the only stand alone specialized vein clinic in Amarillo, Experience speaks for itself, over the past six years about 800 cases of vein ablations have been performed with good results. In addition, ALVC is the only clinic here in Amarillo offering both the Laser as well as the radiofrequency modalities to treat the underlying cause of varicose veins. additionally, ALVC offers all aspect of varicose and spider veins treatment options.

ALVC also offers multiple laser procedures including: Laser hair removal, Laser facial rejuvenation and resurfacing as well as laser collagen remodeling.

WHAT LASER SKIN TREATMENTS ARE AVAILABLE AT ALVC?

For patients seeking facial enhancement, during the free consultation, a complementary digital complexion analysis is performed using the VISIA analysis system. Based on the result of the analysis, personalized treatment plans are developed to suit the needs of the client. This analysis is also used for follow up after laser treatments to track the client's progress.

Our state of the art laser technology allows us to treat all skin types I- VI with cold ablation as well as fractionated peels. Erbium laser resurfacing has been proven to give similar results to CO2 lasers with less risk and without the lengthy downtime.



WHAT IS THE ADVANTAGE OF THE COMPUTER GUIDED SCANNER IN LASER HAIR REDUCTION?


ALVC offers the Nd:Yag computer guided scanner for laser hair reduction which is an advanced FDA approved laser with proven results.

In order to achieve good results, the hair follicles should be treated with the laser within their active growth phase, which means that an average of six laser treatments are required with intervals based on the area being treated (underarms, six treatments 4-6 weeks apart). The computer guided laser scanner covers a large area of the skin with accuracy. In fact it overlaps the laser spots by 15% to ensure good laser coverage of the treated areas. This helps to eliminate operator error which is more common with the average lasers.

WHAT TYPE OF TRAINING AND CREDENTIALS DO THE ALVC STAFF HAVE?

In our busy laser clinic, safety as well as upholding high standards of care are important to us. Our laser team is lead by Tamara, a registered nurse who holds a master's degree in nursing and is currently enrolled in a post-master's program to obtain a degree as a clinical nurse specialist. With 16 years of nursing experience and knowledge of laser physiology and safety, she is great resource for ALVC. In addition, our laser therapists are certified in laser therapy and have several years of experience.

WHAT OTHER SERVICES ARE OFFERED AT ALVC?

To complement our laser treatments we offer solutions for hyperpigmentation, laser acne treatments, dermaplane, Botox, Juvederm, and different lines of cosmeceuticals skin care products (physician grade) including Obagi and Societe. 





WITH A COMPUTER GUIDED SCANNER IT FIRES THE FIRST PULSE THEN IT FIRES OVERLAPPING PULSES THAT CREATE A COMPLETE PATCH THAT IS SEAMLESS AND NO HAND HELD LASER CAN COMPARE WITH THE TOTAL COVERAGE OFFERED WITH AN ADVANCED LASER SCANNER THIS SAVES TIME AND MONEY FOR ALVC PATIENTS